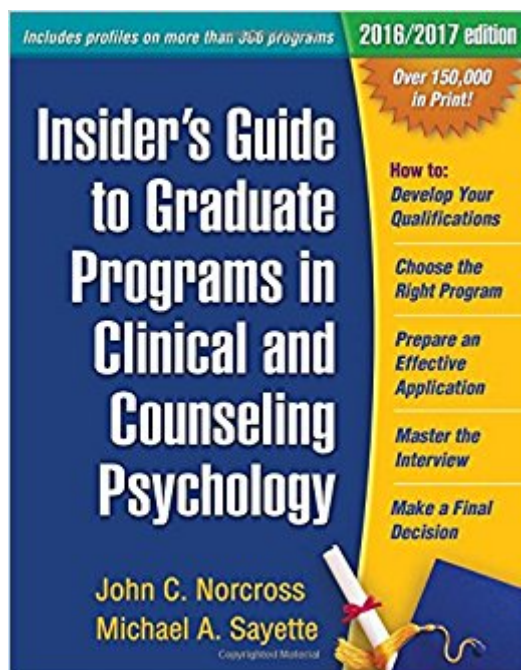


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# Insider's Guide To Graduate Programs In Clinical And Counseling Psychology: 2016/2017 Edition (Insider's Guide To Graduate Programs In Clinical & Counseling Psychology)



## Synopsis

This perennial bestseller is the resource you can rely on to help you select--and get into--the graduate clinical or counseling psychology programs that meet your needs. The Insider's Guide is based on intensive research and includes information and step-by-step guidance not available from any other source. In-depth profiles on more than 300 accredited programs provide details on specializations or tracks, admission requirements, acceptance rates, financial aid, research areas, clinical opportunities, and more. Special features include tips on completing prerequisite coursework, accumulating clinical and research experience, and writing your CV. A handy time line pinpoints important steps to take in the months and years leading up to submitting your applications. Planning and decision-making worksheets help you streamline the selection process and identify your top choices. The 2016/2017 Edition features updates throughout and new content on student loans, internship match rates, and GRE preparation.

## Book Information

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## Customer Reviews

"A 'must read.'... Like many other Directors of Clinical Training, I could continue to pull my hair out over the increased individual inquiries regarding how to get into graduate school, or simply refer each individual to the well-written, fact-based latest edition of the Insider's Guide."--Sally H. Barlow, PhD, former Director of Clinical Training, Brigham Young University "Your book was the pivotal resource that helped me find my way to my current career. I was one of those

first-generation college students who really had no idea what I was doing until I came across your book. The Insider's Guide was truly indispensable and is largely responsible for my career today."--Daniel J. Taylor, PhD, Professor of Psychology, University of North Texas "The authors have created a valuable guide for applicants. The wealth of practical information and insights gleaned from their research and personal experiences should help applicants make the strongest possible application to the schools of their choice. This well-written, encouraging book will be a great asset for anyone applying to clinical or counseling psychology programs."--Barry A. Hong, PhD, Washington University School of Medicine "This book aided me immensely. It was fun to read and contained great suggestions and insights that I would have been clueless about. Thank you for providing this resource for students, which helped me navigate the confusing and overwhelming terrain of applying to graduate school."--Timothy G. Lock, PhD, private practice, Brookfield, Connecticut "I love your book! This book is excellent for focusing upon specific areas of interest as well as going about the process in a systematic, logical manner. Great job!"--Helen Rowan, MA, clinician returning for her doctorate "I was lost and confused before I stumbled across this wonderful piece of literature! It answered every question I had, narrowed down my choices. The ranking system was great!"--Lisa Oldfield, clinical psychology applicant "Your book means so much to me. The Insider's Guide was the most helpful piece of literature I came across during my years of research into graduate programs. It was almost like a bible to me."--Sharon Lee Hudson, doctoral student "I bought your book at the suggestion of my undergraduate psychology advisor once I decided to go back to school after spending nearly 10 years in the nonprofit sector. Your book has been extremely helpful and I have used it as my road map in guiding my efforts to set myself up to be successful in applying to schools this year. Thank you for writing this book--I really would not have known how to navigate the process without it."--George Lewis "I am writing to thank you for the second time for the remarkable resource the Insider's Guide has been. My girlfriend has just successfully utilized your most recent edition and has been accepted into a clinical PhD program. Great stuff!"--Jason Paris, graduate student "I cannot express enough gratitude to you for the Insider's Guide. Your book was the most important resource that I used during my applications to PhD programs in counseling psychology. It is exceptionally well written, incredibly applicable, and, most important, it is clear, concise, and pragmatic. Thank you so much for remembering how stressful and chaotic the application process can be, as well as being empathic enough to pull together a resource that I am sure has helped so many graduate students."--Kimberly Tran, doctoral student "The Insider's Guide was an essential tool in helping me find the right doctoral program. When applying to graduate programs in psychology, it

can be difficult to navigate between counseling or clinical, and PhD or PsyD. This book is organized in a way that helps you compare and contrast programs. Seeing the various programs plotted on a line graph between practice-oriented and research-oriented really helps you understand the type of training you will receive. There are so many programs to choose from--use this book to sort out those you are most interested in, and you will end up saving money on applications and finding the best fit."--Kimia Mansoor, PsyD student, The Wright Institute, Berkeley, California

"The Insider's Guide was an invaluable resource for me as I tackled the tedious process of applying to graduate school. With so many programs out there, this book provided me with vital information to narrow down which ones would be right for me. The book provides important details on each program--such as types of funding, emphasis areas, and internship statistics--in a clear and organized manner. My application experience was greatly improved by having this guide. I recommend it to all my friends going through the process."--Mallorie Carroll, MA, doctoral student in counseling psychology, University of Southern Mississippi

"The advice and insights in this book helped me figure out my career and research interests, and it saved me from a lot of extra effort and heartache that I experienced when I was working on the application process on my own. Highly recommended for anyone considering graduate school!"--Theresa Trieu, doctoral program applicant

"Continues to be the definitive guide for those who are considering pursuing graduate level degrees in clinical or counseling psychology. It is the essential, practical reference every student must have when considering graduate study in psychology. As the field continues to evolve, students wishing to pursue further graduate education need this guide to make the right academic decisions. Should be mandatory reading for all undergraduates and others considering graduate psychology education. I have recommended it to all of my undergraduate students who are considering pursuing a career in psychology. \*\*\*\*\*! (Doody's Review Service 2016-09-23)

"This is a useful resource for public and college libraries. Recommended. Lower-level undergraduates and above; general readers. (on the revised 2014/2015 edition) (Choice Reviews 2014-07-01)"

"The Insider's Guide focuses on the complete application process with sample documents, worksheets, and timelines. Advice, warnings, and an easy-to-read format give this book an edge over resources providing program descriptions only, such as the American Psychological Association's Graduate Study in Psychology and Peterson's Graduate Programs in the Humanities, Arts, and Social Sciences." (on the 2014/2015 edition) (American Reference Books Annual 2014-01-01)

John C. Norcross, PhD, ABPP, is Distinguished Professor of Psychology at the University of

Scranton, Adjunct Professor of Psychiatry at the State University of New York Upstate Medical University, and a board-certified clinical psychologist in part-time independent practice. Michael A. Sayette, PhD, is Professor of Psychology at the University of Pittsburgh, with a secondary appointment as Professor of Psychiatry at the Western Psychiatric Institute and Clinic, University of Pittsburgh School of Medicine.

An essential book for Clinical/Counseling Psychology Ph.D. applicants for all the reasons others have listed. I would caution, however, that you use this guide as a starting point in your research, instead of a final authority. Information on specific programs can be inaccurate/not up-to-date, so if you're really interested in a program you need to get your information directly from their website. Additionally, keep in mind that the research-practice continuum measurements are self-report, and really the only way to know the inclination of the program is to talk to the students themselves. Some programs may be able to put you in touch with one of their Ph.D. candidates, but there's a selection bias there as well. Another option is to look up specific schools on forums and see what current/past students say/have heard. Finally, the most reliable and time-consuming way is to visit for yourself and speak to the students directly.

This is a wonderful place to start if you are doing your research in entering a doctoral program. However, there are some discrepancies with this book and the researcher will have to do a lot of additional digging to fully educate themselves on the clinical programs. Although this book says that it is 2016/2017 edition, the program admissions data is pretty outdated. The school information in the appendixes are only reflective of 2013 stats. Here is why this is important: the admission rates change dramatically over the years. Some programs have a low number of submitted applications and high acceptance rates of 11% in 2013, but have gained in popularity or reputation since this time and now have a substantial increase in applicants and a lower percentage of acceptance as of 2016. The standard acceptance rate of 10% hasn't changed per se, but the competition to get in certainly has. You must exert due diligence and go to the websites to see the latest data. The research areas are also not entirely accurate due to this lag in years. Some faculty with specific research areas in the book have moved on or are no longer with the clinical program. My specific interests gave me a long list to choose from based on the book but was substantially reduced to just a handful when I looked up the faculty in each program. This book is beneficial for its insight into the application and interview process - these factors aren't dependent on edition year. It is also incredibly helpful as an outline for your long-term plan of preparation and research. It is not just the

time and effort consuming application process that should be considered, but the additional requirements and recommendations that programs have that you need to take into consideration to make yourself competitive. So for these reasons, this book is definitely worth the investment.

As expected, not all of the information is up to date with the online websites for some schools. Some schools described in the back are not detailed in the book at all. The appendix is a little difficult to navigate, it would be nice if page numbers were included or there was an entire index dedicated to the schools mentioned in the book. Otherwise, if you're just using this book to get an idea of where you should apply (as you definitely should not rely solely on this book for all of your graduate school information), it does a decent job.

You need this book if applying for doctoral programs in clinical psychology because you should be doing at least everything outlined in this book. If you are uncomfortable with something this book suggests, or you feel you can't do it, then you need to reconsider your candidacy for this type of program. Combine this with the well known "kisses of death" study for your personal statement and you have a good starting point for your application process. (I did not use this book for selecting schools, just for application pointers like interview prep, etc)

Needed this and it has been an asset for my studies. I do recommend.

While the Internet has boundless information, this book has proven itself to be priceless in the graduate program search. Multitudes of valuable, current information in one handy reference.

My daughter was impressed with this book. She says it will definitely help her as she prepares to make decisions about graduate school.

This book makes it so easy to compare many schools quickly; an invaluable resource!

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